

Kathleen M. Flinton, MAR, MSW, LICSW

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Seasoned clinical practitioner with expertise in the treatment of trauma within a social justice framework. Specializations in immigrant and refugee mental health, survivors of torture, trafficking, war and complex trauma. Skilled in the areas of clinical supervision, instruction, training, and curriculum development.

Professional Experience

Private Practice

07/2018 - present

Boston, MA

Private practice providing therapy to survivors of torture and trafficking.
Clinical supervision and consultation to practitioners in trauma treatment and refugee practice.
Consultation to program, agencies and organizations in trauma responsive service delivery and education.
Forensic psychological documentation consistent with Istanbul Protocol.
Expert witness for Federal Immigration Court.

Boston University School of Social Work

Boston, MA

Lecturer

01/2013- present

Instruction in graduate level MSW program, advising to students and application review for admissions

Courses Taught

Clinical Practice with Adult Trauma

Introduction to trauma theory and practice, modalities: CPT, STAIR/NST, Narrative Therapy

Child and Adolescent Trauma

Introduction to trauma theory and practice in developmental framework, modalities: CPP, ARC, TST, TF-CBT

Foundations in Trauma Program, Policy and Practice

Macro level trauma course focusing on structural violence and oppression, gun violence, race-based trauma, community violence, gender based violence, LGBTQIA+ trauma, decolonization.

Practice with Immigrants and Refugees

Re-developed syllabus, overview of refugee and immigrant practice from clinical to macro with special focus on development of culturally responsive practitioners and addressing client safety in current political environment.

Course Developer and Instructor

Advanced Trauma Seminar

Advanced trauma theory including polyvagal theory and structural dissociation, modalities: Narrative Therapy, IRT/Nightmare Rescripting, EMDR, SP, ITCT-A, SMART, CBT, Prolonged Exposure, NET

Director, Postgraduate Trauma Certificate Program

09/2014 – 09/2019

Course developer and Instructor for professional education certificate for current practitioners to develop expertise in trauma treatment with focus on skills development to meet the needs of trauma survivors presenting in community based settings. Includes advanced trauma theory, diagnostics, assessment and intervention with special attention to structural violence and oppression and incorporation of social justice into trauma work. Modalities: CBT, CPT, STAIR/NST, Narrative Therapy, CPP, ARC, TST, TF-CBT, IRT/Nightmare Rescripting, EMDR, SP, ITCT-A, SMART, CBT, Prolonged Exposure, NET, Seeking Safety, DBT, and Community Resilience Model.

Course Developer and Instructor of Record, OnLine MSW Program

09/2014 - present

Design and develop curriculum for adult trauma course for online Master of Social Work program. Supervise section instructors in online teaching and serve as Instructor of Record.

Macy Foundation Grant for Interprofessional Education in Refugee Care

Boston University School of Medicine

Faculty

09/2017- present

Member of teaching Faculty for interprofessional course teaching integrated care of refugee patients.

Designed curriculum for interprofessional course for medical, social work and public health students.

Teaching to medical students in refugee clinic rotation in General Internal Medicine at safety-net teaching hospital.

Lead for production of academic products including manuscripts for peer reviewed publication and publication of curriculum for dissemination in medical education portals.

Boston Center for Refugee Health and Human Rights

Boston Medical Center, Boston, MA

Senior Consulting Clinician and Clinical Supervisor

07/2018 – 07/2019

Provided clinical supervision to mental health providers, staff and interns

Provided programmatic consultation on trauma informed practices, clinical systems development and best care practices.

Associate Clinical Director

01/2016 – 06/2018

Provided clinical supervision to team of mental health providers and interns.

Clinical Social Worker

02/2006-04/2007

Provided psychotherapy and integrated case management to survivors of war, trauma and human rights abuses with a focus on trauma recovery.
Provided leadership for all domestic violence related services within larger agency.
Conducted psychological evaluations for asylum and other immigration related matters consistent with Istanbul Protocol.
Provided consultation to staff and outside providers on trauma and immigrant and refugee mental health practice.
Developed linkages with a variety of service providers and community agencies.
Conducted community outreach and education.
Completed program reports to funding sources.
Served on Immigrant and Refugee Committee of the Governor's Commission on Sexual and Domestic Violence.

Beth Israel Deaconess Medical Center, Boston, MA

Clinical Social Worker

2003-2006

Emergency Department

Provided clinical psychosocial assessment, crisis intervention, counseling and behavior management to culturally diverse patient population and their families across a broad spectrum of issues including trauma, domestic violence, sexual assault, addictions and end of life.
Assisted patients and families in adjustment to, and navigation of complex system of acute care setting and in accessing community resources and support services.
Consulted to staff around family coping, support and communication.
Provided support to department staff around secondary trauma, coping and self care.
Provided consultation within social work department on clinical issues surrounding trauma and mandated reporting.
Trained new social work staff for weekend on call coverage.
Provided clinical supervision and case consultation to on call social work clinicians.
Supervised graduate level social work interns.
Member of Emergency Department Trauma Code team and Quality Assurance Committee.

Clinical Social Worker

2003-2005

Trauma Intensive Care Unit

Provided clinical psychosocial assessment, short-term therapy, crisis intervention and psychosocial support to families of patients in intensive care unit following trauma.
Consulted to staff around family coping, support and communication.
Collaborated with multiple consult services including palliative care, psychiatry, legal and ethics support services.
Coordinated interdisciplinary team meetings for care of Spinal Cord Injured patients on trauma service.
Participated in Trauma Care Committee for Level I Trauma Center certification.
Provided statistical analysis of social work response to trauma service.

Clinical Social Work Intern

2002-2003

Center for Violence Prevention and Recovery

Provided long and short-term individual psychotherapy to trauma survivors.
Co-facilitated psychotherapy group for rape survivors.
Consulted to social work, medical, nursing, and psychiatric staff around care of survivors of domestic violence and sexual assault.
Provided on call coverage for domestic violence and rape crisis intervention programs.
Advocated for trauma survivors in areas of housing and legal assistance.
Trained medical center staff and community agencies around medical care of trauma survivors.
Collaborated with community and government agencies around greater access to government victim's compensation funds for sexual assault survivors.

The Home for Little Wanderers

Family Preservation Team, Roslindale, MA

2001-2002

Clinical Social Work Intern

Provided home-based, intensive family therapy focused on re-entry of a psychiatrically hospitalized child.
Worked with culturally diverse, low-income individuals and families with histories of trauma.

Advocated for families with involved government agencies and local communities.

